

IWC International Women's Club South Limburg



Volume 42, Issue 3
November 2025



Photo: Laila

“Women connecting the World”

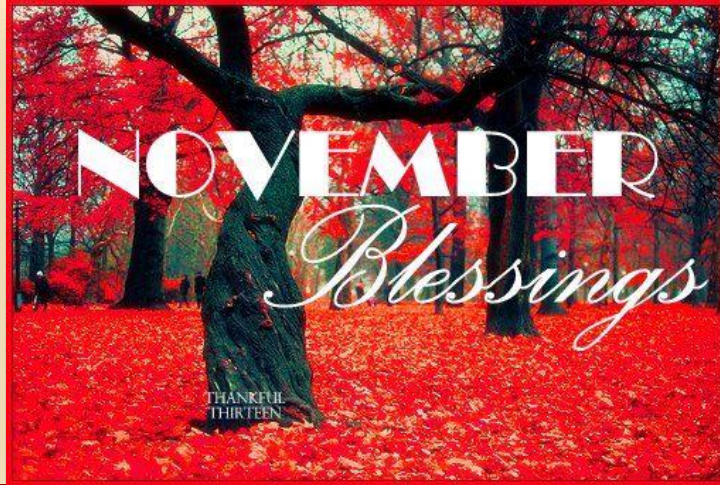
Bringing together women of all nationalities living in the area of South Limburg, promoting friendship, sharing mutual interests and extending support and information to newcomers.

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Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<p><u>Wednesday, 19th November</u> Christmas Fair—Cadier en Keer at 19:30</p> <p><u>Saturday, 13th December</u> Christmas Lunch—Crowne Plaza Hotel</p>				1	2
3	4	<p>5 <u>Groups C&D</u> Visit the Romeinse Villas at 13:00. <u>Group I</u> Walk in Maasmechelen at 14:00.</p>	<p>6 <u>Welcome Coffee</u> Grand Café Soiron at 10:30.</p>	7	8	9
10	<p>11 <u>Dutchesses</u> Meet at 14:30. <u>Group F</u> Potluck at Michaela's @ 18:00</p>	<p>12 <u>Walking Group</u> Meet at 10:00 in Valkenburg.</p>	13	14	15	16
<p>17 <u>Book Group</u> Morag's @ 15:00.</p>	18	<p>19 Winter Fair 't Keerhoes at 19:30</p>	<p>20 <u>Spanish Group</u> Meet at 10:15 at Jeanne's.</p>	<p>21 <u>CEE Group</u> Meet at 19:30 in Bistro Wijker Cabinet.</p>	22	23
24	25	26	<p>27 <u>Group F</u> Tea at Thea's at 10:30</p>	<p>28 <u>Group H</u> Tour of Rolduc Abbey at 11:00. <u>Fun Friday Drinks</u> Alex's at 20:00.</p>	29	30

Board Members

President

Ann Boddé



ac.bodde@xs4all.nl

Vice President

Mary D'Lazarus



editoraiwc@gmail.com

Treasurer

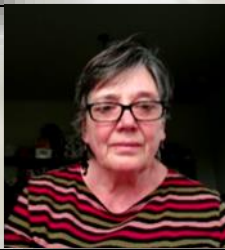
Jennie Meadows



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Melanie Murray



secretary@iwc-sl.nl

Welcome Chair

Mary-Martha Bahn



welcome@iwc-sl.nl

Activities Coordinators

Sam Welie



activities@iwc-sl.nl

Newsletter Editor

Mary D'Lazarus

editoraiwc@gmail.com

IWC South Limburg : Privacy Policy

Please read carefully before renewing your membership

This page is relevant both for those applying for membership and for existing members.

According to the GDPR rules we have to respect your privacy with an official statement detailing how we deal with the information you provide.

This page also explains what you have to be aware of when it comes to the use of photos and information on our website and our social media platforms.

When you apply for membership we store the information you supply in a database hosted by wordpress on an EU server. We ask for the information on the application form in order to ensure you are eligible for membership, that we can accommodate your interests in the best possible way and to further contacts between our members.

We endeavour to delete member data when you leave the club, but we may keep some information for statistical purpose and to help the process should you return to South Limburg at a later point and reapply for membership.

The membership director stores a list of members on a local computer.

The editor of the IWC is also responsible for the Membership Directory leaflet. In the production of this, your data and pictures may be shared internally, and with the printer. Unless we have been otherwise informed in writing, your data will appear in this leaflet and where it may be available online, accessible to members only.

The treasurer stores information about the members in order to able to charge membership fees and control payments. This is also done on a local computer.

The pictures used on our website are approved for use by people in the pictures. Those pictures are static and not changed often.

Pictures and information in the Facebook group are only available to members. We cannot guarantee where Facebook stores this information, but it is probably not limited to EU.

Both the IWC photographer and members themselves take pictures of people and post them on the closed Facebook group. Some pictures may be used other places to promote club activities. If you do not want your picture taken, please inform the person taking the photographs that you do not want to be in the picture.

Being a member you accept this use of your information.

If you have any doubts or you do not agree with our privacy policy we suggest you email us to:

info@iwc-sl.nl

IWC South Limburg



President's Voice

Ann Boddé

Dear Ladies,

I was just looking at the activities for the coming months - so much has been organised - from walks in the country to historic walks in the city, breakfast and lunches out for those that want to.

Trips to a Fashion museum and tea houses. I'm amazed to see the club is thriving with so many diverse activities, all in an atmosphere of fun and support for our fellow members.

A huge **thank you and applause** to the ladies that get involved in organising club activities - we wouldn't be the club we are without you all. Thank You.

The board are working hard to bring another Winter Fair in November and we do still need food items for the hampers, books, clothing (not shoes or bags) or regifting items for the charity tables. If you have anything please let me or a member of the board know and we'll arrange to collect or perhaps it can be brought on the night 19th November in Cadier en Keer.

December Holiday Season Celebration

This year we thought we would mix things up a little and make the Christmas/Holiday celebration with a difference.

So we have arranged a Christmas lunch at the **Crown Plaza in Maastricht**. It will be a hot buffet lunch and for the **ladies only** this year. **Please mark Saturday, 13th December in your calendars.**

Please watch for the price to be announced then you may book your seat. As always we are limited to seats so please don't leave it until the last minute. We've booked for 60 but can extend that by perhaps 10 more I believe. Fingers crossed.

We look forward to celebrating the holiday season with as many as we can squeeze in!

Warmest regards

Ann

Message from Activities Coordinator

Sam Welie



Dear All,

Those of you who attended the monthly meeting in Nazareth will now know a lot more about the charity we are supporting this year - providing lunches for a nursery school in Tanzania - and those of you who stayed for the quiz will also know more about the country itself. As so often in rural areas, children must travel long distances to get to school, and they need energy to concentrate and learn better. Providing a lunch for them helps with this and also helps their families. For anyone who had missed the meeting and wants to learn more, there will be another chance to talk to the nuns who are coordinating the project for the school at the Winter Fair, which will be on **Wednesday November 19th**. Tables are available to members and non-members to sell or promote crafts, activities and products of all sorts. Please let one of the board members know if you are interested in taking a table, or send me an email via activities@iwc-sl.nl. And of course, anyone is welcome to attend the Winter Fair so please spread the word.

We would like volunteers to (wo)man our IWC tables, (books, re-gifting, clothes rail, baked goods) and contributions from members for these. If you have anything, please bring them along to the event, or get in touch with one of the board members who will arrange collection of items. And the baked goods table will be a great showcase for those of you with cookery skills to show off your national dishes, both sweet and savoury. But all baked items will be gratefully received. We can sell things like cakes and pies as a whole or cut into pieces if that seems better.

If you have contributions for the Christmas hampers (no wine this year, as we have a lot already) Ann is putting the hampers together and would be very grateful for your items. The hampers will be raffled off at the Winter Fair and at the Christmas lunch.

And that is a change for this year – a Christmas lunch celebration instead of a Christmas dinner. We had such a grand party in the summer, so we decided to make this year's Christmas event a hot buffet lunch. We hope this will encourage some of the ladies to attend who perhaps don't want to go out in the winter evenings. We will be at the Crowne Plaza hotel in Maastricht on **Saturday December 13th**. Put the date in your diary, and more details will follow in due course.

So, we're looking forward to seeing you all in November in 't Keerhoes. Bring your friends and family and have a nice evening with us.

Sam

OCTOBER GET TOGETHER



Photos: Laila, Irene & Connie



OCTOBER GET TOGETHER



Photos: Laila, Irene & Connie



OCTOBER GET TOGETHER



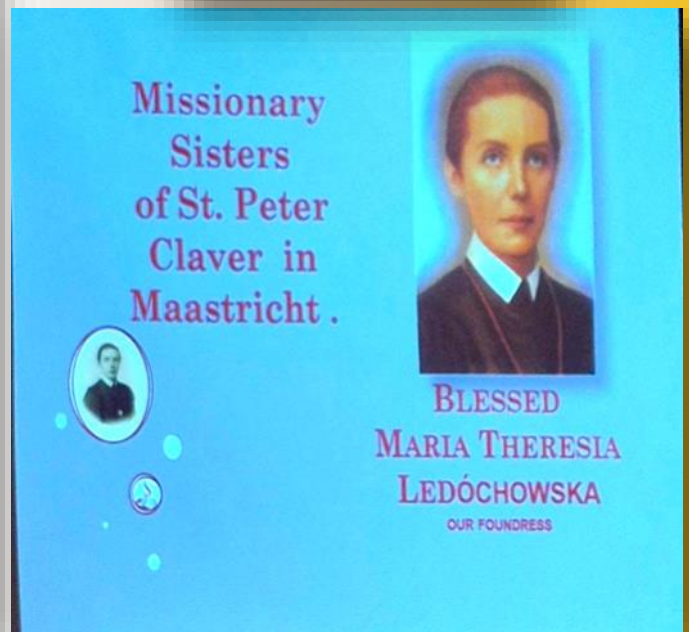
Photos: Laila, Irene & Connie



OCTOBER GET TOGETHER



Photos: Laila, Irene & Connie



ANNOUNCEMENTS

Group Coordinators for Groups A&B and the German Group

Hélène van Kerkoerle has taken over the position of Group Leader for group G and Cecilia has taken over the Group leader position for group H. However, you are free to join any group activities that are offered.

Thank you Hélène and Cecilia for your enthusiastic support and for accepting the challenge of taking over such a large group.

The Coordinator positions for Groups A&B and the German Group is still vacant.

Please contact Silvina at silvinalom@gmail.com if you are interested to take over these vacant positions.

New Membership fees from September 2025

Membership fee for the year September to August is €50.

New Members - For the first year of membership in the IWC, you should pay the following amount, depending on the month you join:

Sep-Dec: €50 EUR (+ €7 EUR one-time administration fee = **€57 EUR**)

Jan-April: **€35 EUR** (+ €7 EUR one-time administration fee = **€42 EUR**)

May-Aug: **€20 EUR** (+ €7 EUR one-time administration fee = **€27 EUR**)

After the first year, the Club fees are €50 per year (September through August) – **payable no later than 1st October of each year**. Re-joiners and new members pay 57 euros due to administration fees. Re-joiners will have to submit a new application form. Club fees can be paid only via ABN AMRO Bank N.V. Int. Women's Club Limburg:

Account Number IBAN Number: NL32ABNA0490106064; BIC: ABNANL2A.

Be sure to indicate your name, especially if the bank account is in the name of someone else (e.g. your partner).

ANNOUNCEMENTS

Message from the Welcome Chair

Dear club members, as I related at the AGM in May, **YOU** are the main source of new members joining the club. Thank you so much! That trend is continuing, with a number of member referrals already this club year.

Several of you have asked how to go about referring someone to the club, so I thought I would lay out the process we typically go through.

If someone is interested in joining the club, please give them my name and email contact, and/or ask them if you can share their name and email with me. If they agree, send me a WhatsApp or email with their contact info and I will reach out to them. I will invite them to an upcoming Welcome Coffee or Fun Friday drinks where they can learn more about the club and see if they feel we are a good fit for them.

You may also simply bring them to a Welcome Coffee, though I appreciate a heads up that you are coming. The date and location of the Welcome Coffee is published in the Newsletter each month, and on the FB Welcome Page.

Once someone indicates they want to join, I ask them to complete the Application Form found on our Welcome Page (iwc-sl.nl/join-the-club/) and pay the dues. Once we receive both their application and dues. I send them an official Welcome email with information about their area group and a copy of the most recent newsletter. Their group coordinator is copied on the Welcome email as well. They will be listed in the next Newsletter, along with their photo if they provide one.

We have a fantastic club thanks to all of you...keep those referrals coming and let me know if you have any questions.

Mary-Martha

WELCOME COFFEE

INTERNATIONAL WOMEN'S CLUB
SOUTH LIMBURG

ACTIVITIES

FRIENDSHIP

COMMUNITY

Thursday, 6 November
10:30 - 12 Noon
Grand Cafe Soiron
Vrijthof 18, Maastricht

RSVP:
WELCOME@IWC-SLNL

ANNOUNCEMENTS

IWC

WINTER FAIR

November 19th
19.30 hrs

't Keerhoes, Cadier en Keer

Entrance is free.

Please join us.

BAKED GOODS
BOOKS, CARDS
ARTS and CRAFTS
CLOTHES RAIL
ReGIFTING
and more

TABLES
€10 EACH, 2 FOR €15
email to
Activities@IWC-SL.NL

Book a
table!

ANNOUNCEMENTS

Armenian Apostolic Church Surp Karapet

Potterieplein 50, 6216 VB Maastricht

As a gesture of Friendship and Connection



Anait and the leaders of the Armenian Church Surp Karapet Maastricht have made an amazing gesture and kindly invited our members to join them for a coffee at the Church on 25th November at 11 am. In the name of Friendship and Cordiality.

Please let me know if you plan to join.

Regards

Ann

ANNOUNCEMENTS

Join us for

3 course hot buffet

CHRISTMAS

★ **LUNCH** ★

Saturday 13th December

12.30 PM

€ 40 p.p.

**CROWNE PLAZA HOTEL
MAASTRICHT**

MARTHA'S RECIPES

These two recipes are quick and easy crowd pleasers. If you keep the ingredients on hand, you can make these on short notice... Very handy!

Easy Spinach Pies (4 ingredients)

Preheat oven to 220 degrees Celsius

2 packages of frozen puffed pastry sheets (bladerdeeg)
750 grams frozen (chopped) spinach, cooked, well-drained
1 block of feta (or white salad) cheese, crumbled
4 eggs, beaten
1 extra egg, beaten to brush over the pies before baking.

(N.B. You can change the proportions of the ingredients to taste).

Cook and drain the spinach well, let cool to drain and so it doesn't cook the eggs when mixed .

Tip: I put the spinach onto a tea towel to squeeze the excess fluid out.

Add the crumbled cheese and beaten eggs to the spinach and mix.

Put a sheet of baking paper onto the baking tray.

Warning:

Thaw the pastry just before use - not in advance and remove the plastic as you go along.

If you take the plastic off beforehand it gets mushy and the sheets get too sticky to work with.

To make spinach squares, cut each sheet down the middle. Work with 1 sheet at a time.

Hold 1 pastry dough and put a spoonful of filling onto one half (of the half sheet) and fold the other half over, pressing the edges together so the filling doesn't spill out during baking.

Repeat until all the pastry is on the tray.

Brush beaten egg over the squares and bake for 20 - 22 minutes (check toward the end of the baking time to avoid burning since ovens differ).

Variations: Make triangles: Hold a full pastry sheet, add filling and fold the sheet over the filling diagonally, then press the edges together.

OR *Grease a baking dish and cover the sides and bottom of a baking dish with the pastry. Fill the dish with the spinach mixture and bake (uncovered) until fully baked, approx. 22 minutes or longer, if needed. Depending on the dish, you may need to use more ingredients to make a whole pie.

Best served when slightly warm (not hot). Can also be eaten at room temperature.

MARTHA'S RECIPES

Easy Pineapple Surprise (A pineapple bread pudding)

Preheat the oven to 180 degrees Celsius

100 - 125 grams butter, at room temperature

200 grams of sugar

4 eggs, beaten

1 large can of pineapple, chopped and drained *Save some juice to add later.

8 slices of bread, cut into 1 inch (or somewhat smaller) cubes

In a large mixing bowl, cream the butter and sugar together.

Mix in the beaten eggs.

Add the chopped (or crushed) pineapple and mix.

Fold in the bread cubes.

Grease a square baking dish before pouring the pineapple mixture in.

If this is very dry, sprinkle some of the pineapple juice over the top.

Bake for about 55 minutes. Check toward the end of the baking time.

If getting too brown on top, cover with aluminium foil and bake a bit longer.

It's important not to add all of the juice because if it is too wet it won't be cake-like.

N.B. After you try this recipe, you can adjust the amount of butter and sugar to taste.

Enjoy!

Martha

BERNADETTE'S RECIPES

Dressed up White Beans in Tomato Sauce

I created this recipe when I became bored of my husband's advice of "just microwave it." I work full-time and do not have a lot of time (nor desire) to cook. This is an easy recipe and adaptable for different tastes and diets.

1 paprika, diced
1 onion, diced
100g bacon cubes ("spek blokjes") or bacon strips ("ontbijtspek")
1 heaping tablespoon of paprika powder (hot, sweet, smoked— your choice)
1 tablespoon red wine vinegar
1 large jar white beans in tomato sauce
Salt & pepper

Cook the bacon and set aside. In the same pan with the bacon fat, cook the paprika and onion. Pour in the beans and sauce. Add the reserved cooked bacon and paprika powder. Season with salt and pepper. Cook for a few minutes on a low simmer until warm throughout. Finish with the vinegar. Stir and serve. Optional: Serve it with rice to make it a complete meal.

Suggested variations: Beef cubes with or without bacon. It is a good way to use up any small amounts of meat you have left over from other recipes; ground beef, chicken, or smoked sausage ("rookworst") would also taste great. Skip the meat to make it vegan. Add different spices like garlic powder and cumin. Use Italian herbs and spices.



Eva Sparreboom is a Dutch national originally from Rotterdam. After many years in the UK with her family, she returned to the Netherlands in 2022 and now lives in the village of Schinnen. She lived in Wales, and in Scotland, which is where her two wonderful twin daughters (13) were born.

Having spent many years abroad, as a family, she feels she is neither Dutch nor British, but squarely international. She is looking forward to connect with others through the club, to build community and share experiences.

Her professional background is in forestry, and she currently works in an advisory role for a land management organisation. Her connection with nature also features in her spare time; she loves exploring nature, especially while doing something active. She finds enjoyment in many other things: music (she plays the violin), reading, motorcycling and spending time with family.

She is looking forward to meeting a like-minded community of women and is eager to contribute her skills and enthusiasm to the club. Eva speaks Dutch, English and German.

Eva joins Group C&D.

Mafalda Pereira is a Portuguese national who studied in a French school in Lisbon. She worked in the US and France before coming to the NL. She is an Electrotechnical Engineer working fulltime as a patent examiner.

She likes the arts, culture in general, movies, dance, music and books in particular. Biking and swimming. Travelling. And a nice conversation. Mafalda speaks Portuguese, English, French and Spanish.

Mafalda joins Group H.



Group Activities

Groups A & B

Members living in Beek, Born, Doenrade, Einighausen, Elsloo, Geleen, Geulle, Munstergeleen, Oirsbeek, Puth, Sittard, Susteren, Urmond, Bunde, Meerssen, and Ulestraten.

A number of Group A + B members, and some from other Area Groups together made the first Fundraising Event for the young pupils in Tanga a great success during the Charity Potluck lunch in Nieuwstadt. The ladies shared a wonderful mix of their favourite dishes, and funny as well as serious table talk. All this while raising funds for the Tanzanian charity cause.

Together with some of the ladies who couldn't join but still pledged an amount towards this, this event has resulted in **an impressive amount** (😊).

May this be a trendsetter for this year

So far, Area Group A+B is still looking for a new Group Leader; however, any member in this group may arrange a group eventso let's wait and see who will do so; Perhaps visiting a November-December Market together?

Resy Synders

**Coordinator:
Groups A & B**

TBD

Groups C & D

Members living in Berg en Terblijt, Brunssum, Heerlen, Hoensbroek, Houthem, Kerkrade, Klimmen. Landgraaf, Schin op Geul, Aachen, Banholt, Bemelen, Cadier en Keer, Eckelrade, Eys, Gulpen, Ingber, Margraten, Mechelen, Mheer and St. Geertruid.

Dear Ladies,

I hope you are all well?

October's activity was cancelled due to my being ill, but I'm back on my feet again and will try again to visit the Romeinse Villas in Heerlen exhibition - first with a lunch at Brunch Bar which is close by and then on to the exhibition. The exhibit is here only until January.

When: Wednesday, 5th November lunch at Brunch Bar 12.30 then on to exhibition (opens at 1 pm)

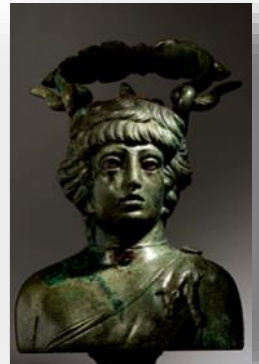
Price: Euros 7.50 pp, Please let me know if anyone wants to join me.

On December 4th I'd like to invite Groups C and D for a Christmas potluck lunch at my home.

Please let me know if you can join.

Warmest regards

Ann



**Coordinator:
Groups C & D**

Ann Boddé
ac.bodde@xs4all.nl

Group E

Members living in Maastricht with postal codes 6213 to 6219.

Any activities planned for this group will be communicated via email and Facebook.

Thanks

Hilary

**Coordinator:
Group E**

Hilary Thomas Oliver
spentpenny@gmail.com

Group F

Maastricht with postal codes 6111 – 6212 (City Centre, St. Pietersberg).

Potluck at Michaela

When: Tuesday, November 11th at 6pm

Morning Tea at Thea

When: Thursday, November 27th at 10:30am

Group F Christmas potluck/party at Ineke

When: Wednesday, December 3rd at possibly 6:30pm – timing to be fine-tuned.

For: 8 persons maximum.

Registration/more details: please contact Christèle.

For all Groups

Glass blowing demonstration in Vaals studio

During the demonstration, Gerardo will show you the various facets of glassblowing step by step. From a piece of liquid crystal, a gigantic crystal bowl suddenly appears, or perhaps a proud swan?

In the glassblowing museum, you can admire old, nostalgic glass objects and utensils from antiquity as well as glass art objects and of course there is a gift shop next to it.

When: Saturday, November 29th at 2pm.

For: 12 persons maximum, with priority to Group F

Technicalities: Explanations will be in Dutch, but many translators will be present. Duration 30 minutes.

Costs: €5/person.

A coffee/drink could take place afterwards (or before) for the ones who would be interested.

Registration/more details: please contact Jannie/Christèle.

**Coordinator:
Group F**

Christele Bouyer
christelebouyer@hotmail.com

GROUP ACTIVITY PHOTOS



GROUP ACTIVITY PHOTOS



Photos: Irene, Esther and Laila

GROUP ACTIVITY PHOTOS



GROUP ACTIVITY PHOTOS



GROUP ACTIVITY PHOTOS



Group G

Members living in Maastricht with postal codes 6221 to 6224 and 6229,

Hello Ladies,

No activities have been planned for November. Should anyone in the group want to organise an outing, please feel free to do so and communicate on Facebook.

Hélène van Kerkoerle

**Coordinator
Group G**
Hélène van Kerkoerle
hvankerkoerle@hotmail.com

Group H

Members living in Maastricht with postal codes 6225—6228, Eijsden, Mesch and Gronsveld.

Hello Ladies,

The next visit of Group H will be a guided tour in English at Rolduc Abbey in Kerkrade on Friday, November 28th at 11:00 a.m.

The tour lasts approximately one and a half hours and includes a visit to the abbey itself, the Abbey Church, the Rococo-style library, and the bishop's room.

The cost of the tour is €100 for up to 10 people.

It is possible to have coffee, tea, and cake after the tour for an additional cost.

As always, this event is open to ALL club members.

If you are interested, please send me an email as soon as possible so I can inform the Abbey of the number of participants.

My email is: ceciliaphx2@hotmail.com



**Coordinator
Group H**
Cecilia Rivas Aragon
ceciliaphx2@hotmail.com

Group I

Members living in Belgium

Dear ladies,

Hope you are well, full of vitamins and ready to face the colder weather in the next days. And it's always better if you have friends around you in these cold days, so I propose two opportunities to be together.

One is joining activity of Group H of Cecilia.

The next visit of Group H will be a **guided tour in English at Rolduc Abbey in Kerkrade on Friday, November 28 at 11:00 a.m.**

The tour lasts approximately one and a half hours and includes a visit to the abbey itself, the Abbey Church, the Rococo-style library, and the bishop's room.

The cost of the tour is €100 for up to 10 people.

Do please read group H for more details and if interested contact her directly :cecilia rivas aragon <ceciliaphx2@hotmail.com>

Another one, the first one is a walk in Maasmechelen. We can finish the **short walk in Terland with a coffee at cafe Bistro Terhills Bureau Bouveau.**
Zetellaan 68, Maasmechelen



Wednesday, 5th November at 14hs.

If weather is bad we can contact each other for alternatives. Just let me know if you are interested.

Many thanks for reading my long email and all the support received in calls and messages. Awaiting your response and hope to see many of you soon.

Ciao,

Silvina

Contact:
Silvina Lombardo de
Weisner
silvinalom@gmail.com

Advertisements

ARAGON SPANISH LESSONS IN EIJSDEN

Do you want to learn or practice Spanish?

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ceciliaphx2@hotmail.com

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Days to be arranged.

Yvonne Westerhof, a Dutch Foreign Language teacher,

043 3 26 26 09

yvonnewesterhof@gmail.com

Would you like to drink a cup of coffee and chat in English?

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Gail 06 517 99590

Gail Howard

conversationswithgail.com

conversationswithgail@gmail.com

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Individual or group lessons. All levels. University graduated teacher.

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otiliaramos@gmail.com



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+31 6 21863853

QuentinThomasOliver@gmail.com



Looking for the perfect cake for your special occasion? Find it at **Crumblestories Bakery!**

We create custom cakes tailored to your wishes—beautiful, delicious, and unforgettable. Whether it's a wedding, birthday, or celebration, we bring your sweet vision to life.

Contact: 0645180306

email: crumblestoriesbakery@gmail.com



Interest Groups

Patchwork and Quilting



Dear Members,

Isn't it time you started thinking of joining the quilting group?

Probably most of you would appreciate a nice quilt on your bed or couch to keep you warm this winter, a quilt to give to your child on leaving the house, a small baby quilt for your sister's or friend's baby. Or a decoration for your wall. Perhaps smaller items as a special birthday present or something for your breakfast table. Why not give it a try?

It's fun, you're in a nice group and the end product is always worth your while!

You're very good at sewing? That's ever better!

Not very good at sewing? That's not a problem, there is plenty of help around. So give it a try - join us!

Thank you for cooperating!

A'mieke*   

Contact:

Annemieke Beurskens

04 54 05 31 13

annemiekebeurskens@gmail.com

Knitting Group



This is a small friendly group which meets on the third Friday of the month. New members always welcome.

Our next meeting will be communicated via the group chat. If any lady would like to join please email Jennie on jenniemeads@gmail.com for more details.

Here are some examples of our current members completed projects.

Any info please contact Jennie on 0621 855855.

Please keep an eye on our WhatsApp group for further details. Anyone not on the group can contact Jennie on jenniemeads@gmail.com.

Jennie

Contact:

Jennie Meadows

06 21 85 58 55

jenniemeads@gmail.com

What's Cooking



Every session will be announced by mail to the existing distribution list. If you are new or you wish to be part of the group, please send Golnar a mail to her email: g.motaharipour@yahoo.com



Contact:

Golnar Motaharipour
g.motaharipour@yahoo.com

Photography Group



Any plans for a photography session will be communicated via Facebook.

Best wishes,

Chris

Christina Corwin
650.787.8296
chris.corwin@mac.com

Coordinator
Chris Corwin
Chris.corwin@mac.com

WHAT'S COOKING PHOTOS



Dutchesses



The Dutchesses group is for anyone wanting to practice Dutch, at any level. Meetings are generally held once a month in the afternoon on a weekday. We usually meet in someone's house, or occasionally at a café.

The arrangements for each following meeting are often decided during each get-together, and are not always determined when the newsletter appears, so we communicate via WhatsApp.

The next meeting will be on **November 11th at 14.30hours**. The location has not yet been decided. Please get in touch with me if you want to join us but are not yet in the WhatsApp group.

Sam



Contact:
Sam Welie
s.welie42@gmail.com

Central and Eastern Europe Group



In October we went to the Fashion Museum in Hasselt to see the newest exhibition of the museum. We took a little walk and a drink afterwards. Hasselt is a beautiful place to visit!

Next month, in November the get together is going to be on the 21st at 19.30 in Maastricht in Bistro Wijker Cabinet.

See you
Agnieszka



Contact:
Agnieszka Oweibo
agnes.o@hotmail.com

Spanish Book Group



Hola lectoras.

Gracias por tan amena reunion querida Gabriela.
Exquisita pasteleria y mejor compania
Super!

Proxima reunion
9 de enero 2026!
1330hs
Discutiremos
Cesar Airia
Como me hice monja



Contact:
Maria José

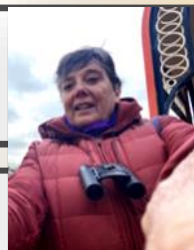
grupohispanodelectura@gmail.com

Bird Watching Group

Hello,

I thought it was time for an update on the bird group. I have not been very active with my bird spotting this year. Some of you know that I had hip surgery in February, and this has stopped me being active. My recovery from the hip surgery has been good, however my knee is now giving me some serious problems, and I am awaiting results from more tests. I am hoping to have more news about a bird walk soon.

In the meantime, it has been suggested that I could have a regular bird news section, so with that in mind I am going to tell you about the starlings I have been watching this month. Whilst waiting for a bus on Wilheminsingel in Wyck I noticed a few birds flocking. I knew they were starlings as this is what they do at this time of year in the evening. As we waited, my granddaughter and I, we realised the groups were combining and getting bigger. I realised this was a 'murmuration', one of nature's spectacles. This one was probably a few thousand birds, but they can be far bigger. We watched them swoop around, separating into smaller groups and then recombining. They don't crash into each other even though they are moving at great speed. I went back the next evening, but I was too late, they were already roosting in the trees. But the next evening I went back earlier about 30-45 minutes before sunset and watched the whole thing from beginning to end. If you are in the area, you may still see it, if you are in the right place at the right time. Let me know if you manage to see them!



Coordinator
Melanie Murray

melaniemurray3@btinternet.com

Walking Group



On a typically grey Dutch morning, Caroline van Santen-Levinson led 13 eager ladies on a walk in the Beek area. For most of us, this was a new place to experience and enjoy. The trees still had some fall color making the landscape glorious, and our “mascot”, Resy’s dog, Mazzel, entranced some cows. Lunch in the charming Oude Pastorie was a welcome chance to recharge our batteries after more than 7km around the countryside.

In November, the woods between Valkenburg and Vilt will be our destination. This hilly walk will be in the woods, follow along the Geul for a while, and wind through the Naturepark Ingendael. We will finish at Boscafe Tivoli for a warm drink and/or lunch. Bring your walking poles and wear sturdy hiking boots/shoes.

Date: Wednesday, 12th November 2025

Time: 10:00

Location: Polfermolen (op de brug), Valkenburg (note this is a Paid Parking area)

Distance: ~6 km

RSVP: mmbahn@gmail.com

Please note: For the Walking Group, we create a NEW WhatsApp group for EACH walk. If you would like to join a specific walk, please send an email with your phone number to mmbahn@gmail.com to be signed up and added to the WhatsApp for that month’s walk. We do NOT maintain a “master” WhatsApp group. This way ladies are not flooded with messages about walks they are not participating in. Information about each monthly walk is published in this Newsletter and later on FB.



Coordinator

Mary-Martha Bahn

mmbahn@gmail.com

Photos: Laila

WALKING GROUP PHOTOS



WALKING GROUP PHOTOS



Photos: Laila, Connie & Silvia F



Golf Group



Dear Ladies,

Are there any Golfers among us? If so let me know, maybe we can play together. I am a member of the Maastrichtse - International Golf Club. They have a 9 and 18 holes course. It's so rewarding to be active and at the same time enjoy a nice golf course. Any questions please contact Jannie Walschot: jannie.walschot@gmail.com.



Happy
Jannie Walschot

Breakfast Group



The next breakfast will take place in December at Lumiere. Further details will be shared in the next NL or on Facebook.

Laila
lailasariolson@gmail.com

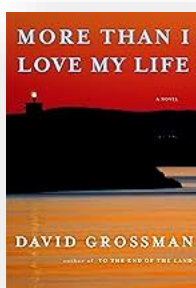
Rose Book Group



Thanks dear Barbara for a super discussion.
Great cakes!

Next meeting is in January due to everyone's busy schedule 😊
Next book: *More than I love my Life* by David Grossman

Happy reading!



Contact:
Silvina Lombardo de Weisner
silvinalom@gmail.com

BREAKFAST GROUP



Fun Friday Drinks



Fun Friday drinks 28th November at Alex in Maastricht.

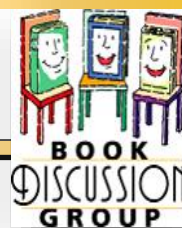
RSVP via the WhatsApp group or email bernamac@gmail.com

Contact:

Bernadette Ichigui

bernamac@gmail.com

Book Group



On Monday, October 13, on a lovely autumn day, a somewhat depleted number of book enthusiasts met at my house to discuss Sally Rooney's novel "Intermezzo". Various pressing appointments kept three of our membership away, not fear of my catering!

The novel proved to be a bit of a challenge. As previously admitted, we have recently become averse to Irish angst after an overdose over the past couple of years and Rooney's novel served it up in spades. A book about responses to grief, apparently, describes the relationship between two brothers and the various women in their lives. It is long - too long according to those present- and written in different styles, featuring streams of consciousness, lack of punctuation etcetera which demanded huge commitment from the reader. There are delightful detailed passages and some great visual imagery but not one of our favourite works. And, by the way, does anyone know what happened to Sylvia in her accident? Which body part was injured? The hope of finding this out motivated several of us to keep reading only never to receive a satisfactory answer. A mystery!

We next meet at Morag's at 15:00 on November 17 to discuss "*The Wedding People*" by Alison Espach. Diane will host us on Monday, December 15, when Barbara Pym's novel "*Excellent Women*" will accompany Diane's famous mince pies. Where has this year gone, I wonder...

Carol Herman

Contact:

Jane Roeleveld:

janeroeleveld@xs4all.nl

Carol Herman:

carol.herman.hewitt@gmail.com

Spanish Group— Grupo Hispano



Dear ladies,
Hola chicas bellas,

We had a lovely time in Founders bar last month and hope also next week to close the month of October with a visit to the Markt in Maastricht.

Always happy to receive suggestions from you, for example, from our dearest Magali with the Concert in Heerlen or Jeanne for this month of November.

Many thanks to our Jeanne who offered me again her help and support for a guided tour into the village of Berg aan de Maas and Urmond, walking parallel to the Maas.

We meet at the entrance of Jeanne's house, Holsberg 37 Berg aan de Maas.

When: November 20th at 10:15

Do please email me if you are interested and then we will make a group to contact you for any eventualities.

In December we will most probably go to a Christmas Market. If you have any other ideas, do please let me know♥

We should be inclusive but to participate in this activity you should be able to follow the great lengua castellana.

Saludos de otoño,

Silvina

Contact:
Silvina Lombardo
silvinalom@gmail.com

Silver Pinner



Silver Pinner

Any activities planned for this group will be communicated via email.

Carol

Book and Wine Group



At the moment our book club (14 members!) is full. If you are interested in joining another book club within the IWC, please contact the Rose Book Club run by Silvina.

Happy reading ladies!

Elena & Billy

elenapardo9@gmail.com & sybille.steinert@yahoo.com

'Culture Club' Group

CULTURE CLUB

2.0

Any activities organised will be communicated via Facebook and email.

Please let me know via 064 83 64 893 (WhatsApp) or sybille.steinert@yahoo.com.

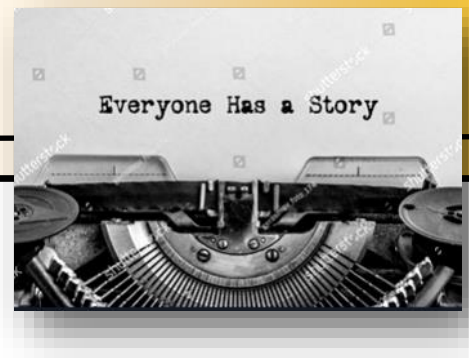
Billy Steinert

Mobile: ++31 64 83 64 893

Marieke Severens

Mobile: ++31 6 37 40 34 99

Editor's Note



G'Day Ladies,

- ◆ Those of you organising activities, please also copy Laila Olson on emails you send me to enable her to generate the details on the IWC website.
- ◆ Spotlight
Calling all IWC members, established and recently joined, introverts and extroverts, to send me a short one-page autobiography with a photo of yourself. There is no better way for those of you who are established members of the club to introduce yourselves to the newer members and new members to introduce yourselves to the rest of the club. Please don't be shy! Please send in your articles to me at: editoraiwc@gmail.com.
- ◆ Ladies, please feel free to share any information you believe will make everyday life easier and nicer for all us IWC members. Be it a book or a poem you wrote or read, an interesting restaurant that you believe deserves a visit in these hard times, recommendations for home and garden help and any snippets of information that you may feel would be worth sharing are always welcome.
- ◆ Please note: The deadline for submitting your input for the newsletter is the 20th of each month. As a courtesy, I do send out a reminder after that date—please do check your spam folder too for your reminder.
- ◆ Please keep in mind to send emails with concise details in order to avoid confusion or the wrong information going into the NL.

Cheers

Mary

With a view to keeping the Newsletter informative, relevant and interesting I would appreciate it if each group coordinator / activity coordinator reviews their respective activities and lets me know whether they would still like their respective special interest group activities to remain in the Newsletter.

Only those of you who believe it is no longer necessary to have your groups remain in the Newsletter, please inform Silvia and myself accordingly so that I can remove your group activity from the next newsletter.



As the Open Door Coordinators connect with other Sister Clubs, you may remember that in September 2023 we hosted a small group of members from the IWC BERLIN Club. This special connection has resulted in being invited for a return visit to Berlin in the Spring of 2026. So let's see:

BERLIN TRIP - MAY 2026:

Tuesday, 19 May to Saturday, 23 May 2026, travelling by train from Aachen or Geilenkirchen.

This will give us three full days of sightseeing etc. in (Greater) Berlin and perhaps Potsdam, involving a four-night stay. The Berlin Sister Club are creating an opportunity to meet up with a few members on one of the days.

So far a few of our members have already indicated an interest in going. If more of you are considering joining, do email me before the end of November so that further arrangements can be planned.

Let's get this trip on the road

Best wishes,
Resy Snyders

Open Door Coordinator IWC-S.L.

tsnyders@planet.nl

Resy Snyders
International Coordinator
Email: opendoor.iwctl@gmail.com

Language Circles

German



TBD

Dear Ladies,

The Board would welcome anyone who would be willing to lead the German language group.

Spanish



Silvina Lombardo

+32 89 76 58 30

silvinalom@gmail.com

Spanish natives + fluent Spanish speakers monthly, as convenient. At each other's homes.

Japanese Oshaberikai



Anneke de Jongh

ajongh@wxs.nl

We gather once a month to speak Japanese and/or do a Japanese activity.

Best regards,

Anneke

All group leaders, activities leaders and board members are **100% volunteers**, do please consider this when you contact them. If you do need to contact them with questions or complaints, please only do so via email unless a telephone is provided. It is difficult to check WhatsApp, Facebook Messenger and the Club Facebook page all in our spare time.

Thanks to all our volunteers, without them no Club could exist.

Club Information

Membership fee for the year September to August is €50.

New Members - For the first year of membership in the IWC, you should pay the following amount, depending on the month you join:

Sep-Dec: €50 EUR (+ €7 EUR one-time administration fee = **€57 EUR**)

Jan-April: **€35 EUR** (+ €7 EUR one-time administration fee = **€42 EUR**)

May-Aug: **€20 EUR** (+ €7 EUR one-time administration fee = **€27 EUR**)

After the first year, the Club fees are €50 per year (September through August) – **payable no later than 1st October of each year**. Re-joiners and new members pay 57 euros due to administration fees. Re-joiners will have to submit a new application form. Club fees can be paid only via ABN AMRO Bank N.V. Int. Women's Club Limburg:

Account Number IBAN Number: NL32ABNA0490106064; BIC: ABNANL2A.

Be sure to indicate your name, especially if the bank account is in the name of someone else (e.g. your partner).

IWC Bylaws

The IWC bylaws are posted on the IWC website (under Yearbook) and on our Facebook page. A paper copy is available upon request.

IWC Network Policy

Club—wide emails to the membership are intended for club affairs ONLY and NOT for the promotion of non-IWC endeavours, personal and professional. Thank you for your cooperation and understanding.

The use of the IWC website and Facebook page by members will be evaluated on a case-by-case basis as deemed necessary by the Board and Webmaster.

Club Information

Rates for Advertisements:

¼ page € 12.50

½ page € 25.00

Full page € 50.00

- Special rates for recurring ads on request.

Advertisement fees can be paid via ABN AMRO Bank N.V. Int. Women's Club Limburg:
Account Number IBAN Number: NL32ABNA0490106064; BIC: ABNANL2A.
TO BE SETTLED WITH THE TREASURER BEFORE SUBMISSION!

(Please refer to Club Information for payment advice)

Mini ads for members, **maximum 30 words** per issue are free.

Editorial

The Newsletter is published **nine times a year**, on the **1st of the month**, from September through to June.

The Newsletter for December and January is a joint one, so please send in your December contributions to cover activities for January as well.

The deadline for all contributions is the 20th of the month.

Reminders are sent out to regular contributors.

Please keep in mind to avoid planning any activities on the day of the Monthly Meetings (generally the third Wednesday of each month).

The Editor reserves the right to cut or edit material sent to the newsletter for publication and cannot guarantee inclusion.

Views and opinions expressed in individual articles in the Newsletter do not necessarily represent the views of the IWC.

If you have any comments or suggestions please do email the Editor: editoraiwc@gmail.com.